

MORNING SNACK / BREAKFAST

Please tick 1 Item from Choice 1 and 1 Item from Choice 2 per day.

CHOICE 1

Please tick 1 item per day

	Mon	Tue	Wed	Thu	Fri
Yoghurt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown Pancake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cheese Dip	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Soft Cheese	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Edam Cheese Piece	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sliced Apple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Apple & Carrot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Apple & Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seasonal Fruit Pot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Popcorn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

☐ Not available on this day

CHOICE 2

Please tick 1 item per day

	Mon	Tue	Wed	Thu	Fri
Oatie Crunch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bread Sticks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yogurt Rice Cake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plain Rice Cake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Jacobs Crackers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yoghurt Tube	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Apple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Satsuma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown Plain Scone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown Fruit Scone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

☐ Not available on this day

HOT LUNCH (MONDAY - FRIDAY)

Please tick 1 Item from MAIN 1, MAIN 2, MAIN 3, MAIN 4, MAIN 5 or MAIN 6 per day

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Roast Chicken, Carrots, Peas, Mash and Gravy <input type="checkbox"/>	Irish Beef Burger, Pepper Sauce, Peas and Boiled Potatoes <input type="checkbox"/>	Roast Turkey, Butternut Squash and Carrots, Mash and Gravy <input type="checkbox"/>	Roast Chicken, Peas and Sweetcorn, Mash and Gravy <input type="checkbox"/>	Roast Turkey, Sweetcorn and Carrots, Mash and Gravy <input type="checkbox"/>
MAIN 2	Mamma's Italian Meatballs in Tomato Sauce, Carrots and Fusilli Pasta <input type="checkbox"/>	Crispy Chicken Tenders, Potato Cubes and Carrots <input type="checkbox"/>	Mixed Veggie Rice with Quorn Chicken <input type="checkbox"/>	Beef Lasagne with Carrots and Peas <input type="checkbox"/>	Mega Yummy Chicken Curry, Peppers and Fluffy Rice <input type="checkbox"/>
MAIN 3	Super Gooley Mac'n'Cheese with Peas <input type="checkbox"/>	Mild Chicken Korma and Peppers with Fluffy Rice <input type="checkbox"/>	Chicken with Sweet Peppers and Tomato Sauce with Fusilli Pasta <input type="checkbox"/>	Italian Beef Bolognese, Carrots and Fusilli Pasta <input type="checkbox"/>	Sweet and Sour Chicken with Broccoli and Rice <input type="checkbox"/>
MAIN 4	Classic Cottage Pie with Carrots and Peas <input type="checkbox"/>	Crispy Shredded Chicken, Spiced Potato Cubes with Peppers and Peas <input type="checkbox"/>	Cajun Spiced Chicken with Sweet Potato Wedges & Sweetcorn <input type="checkbox"/>	Mild Thai Red Chicken Curry with Fluffy Rice and Broccoli <input type="checkbox"/>	Mexican Chicken Burrito Bowl with Rice and Peppers <input type="checkbox"/>
MAIN 5	Tex-Mex Chicken Fajita with Peppers <input type="checkbox"/>	Cheesy Margherita Pizza Served with Carrots and Peas <input type="checkbox"/>	Mexican Chicken Burrito Tortilla with Roasted Peppers <input type="checkbox"/>	Loaded Beef Burrito with Peppers <input type="checkbox"/>	Cheesy Tuna Melt Bap with Sweetcorn <input type="checkbox"/>
MAIN 6 (Vegan Option)	Moroccan Veggie Stew with Chickpeas and Potatoes <input type="checkbox"/>	Veggie Curry with Chickpeas and Fluffy Rice <input type="checkbox"/>	Lebanese Falafel Bowl with Peppers and Rice <input type="checkbox"/>	Lentil and Sweet Potato Bolognese with Fusilli Pasta <input type="checkbox"/>	Bombay Curry with Cauliflower, Butter beans, Spinach and Potatoes <input type="checkbox"/>